



AT TALIUM IN PERSON 1x WEEK CLASS SCHEDULE – SEPT. 2020

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Effective Date: 9/8/2020

TIME/DATE	MONDAY (GOAL SETTING)	TUESDAY (DISCIPLINE)	WEDNESDAY (RESPECT)	THURSDAY (SELF CONTROL)	FRIDAY (ACHIEVEMENT)	SATURDAY (COOPERATION)
<i>CHILDREN</i> 3:45 –4:30 pm	TIGERS: Age 3~5 ALL BELTS ----- FLEX CLASS	PURPLE RED	GREEN BLUE	FLEX CLASS	BLACK: 1 DAN (Green-Blue-Jr. Blk)	<p>TRAIN & PRACTICE with the Upgraded Curriculum Videos</p> <p>OR</p> <p>WORKOUT with Your Family with At Home Video Series</p> <p>OR</p> <p>HAVE awesome family time!</p>
<i>CHILDREN</i> 4:40 –5:25 pm	NO BELT WHITE	BLACK: 1 DAN (No & White Stripe)	BLUE ----- FLEX CLASS	JR. BLACK (No-Yellow-Green)	BROWN	
<i>CHILDREN</i> 5:35 –6:20 pm	YELLOW ORANGE	BLACK: 2 DAN (All Stripes)	BLACK: 1 DAN (Yellow, Green Str) ----- FLEX CLASS	JR. BLACK (Blue Stripe) ----- FLEX CLASS	NO BELT ----- FLEX CLASS	
<i>CHILDREN & MIXED AGE</i> 6:30-7:15 pm	ORANGE GREEN	FLEX CLASS I	(6:30 - 7:20pm) TEEN/ADULT I (All Belts)	(6:30 - 7:45 pm) SWAT DEMO TEAM Group 1 or Group 2	FLEX CLASS	
<i>MIXED AGES</i> 7:25 - 8:25pm	TEEN & ADULT (All Belts)	FLEX CLASS II	(7:30 - 8:30pm) TEEN & ADULT II (All Belts)			

We at Master Cho's Talium are constantly trying to improve our schedule to best suit your needs & to provide the most effective staffing for all classes. This schedule was prepared with your best interest in mind & is designed to ensure that you receive the quality training you deserve.

1. Students will attend class with their full uniform or Summer T-Shirt & belt.
2. Students must be on line ready for class 5 minutes before class begins.
3. Talium Staff will take out their attendance card.
4. Students must kneel at entry to dojang & wait for permission to enter if late.
5. Regular attendance is based on a two times a week schedule (1 in person at Talium + 1 on Zoom class).