



# BLOOMFIELD CLASS SCHEDULE – JANUARY 2018

1109 Broad Street Bloomfield, NJ 07003 TEL: (973) 893-9400 FAX: (973) 893-8136

Effective 01/02/18

DATE TIME	MONDAY (GOAL SETTING)	TUESDAY (DISCIPLINE)	WEDNESDAY (RESPECT)	THURSDAY (SELF CONTROL)	FRIDAY (ACHIEVEMENT)	SATURDAY (COOPERATION)
<b>Talium Fitness ~ Whole Body Workout / At Our Cedar Grove Location</b> Located at 387 Pompton Ave., Cedar Grove. Call 973-239-7654 for details and hours.						
	11:30 - 12:30 TEEN/ADULT <u>ALL BELTS</u>				11:30 - 12:30 TEEN/ADULT <u>ALL BELTS</u>	
<i>TIGERS</i> 3:30- 4:00PM	TIGERS (Ages 3 to 5) ALL BELTS	PRIVATE LESSON	PRIVATE LESSON	TIGERS (Ages 3 to 5) ALL BELTS		
<i>CHILDREN</i> 4:00- 4:45PM	NO / WHITE YELLOW	JR. BLACK	ORANGE GREEN / BLUE	NO / WHITE / YELLOW		11:00 11:45 No- Yellow
<i>CHILDREN</i> 4:45- 5:30PM	PURPLE / RED BROWN	ORANGE / GREEN BLUE	1 <sup>st</sup> DAN (Children)	PURPLE / RED BROWN	2 <sup>nd</sup> & 3 <sup>rd</sup> DAN	11:45-12:30 Orange- Blue
<i>CHILDREN</i> 5:30- 6:15PM	ORANGE GREEN / BLUE	2 <sup>nd</sup> DAN (Children)	JR. BLACK	2 <sup>nd</sup> DAN (Children)	NO / WHITE YELLOW	12:30- 1:15 Purple- Brown
<i>CHILDREN</i> 6:15- 7:00PM	1 <sup>st</sup> DAN (Children)	PURPLE / RED BROWN	NO / WHITE YELLOW	1 <sup>st</sup> DAN (Children)	JR. BLACK	1:30PM → 3:00PM <i>Tae Kwon Do</i> <i>Birthday Party I</i>
<i>TEEN/ADULT</i> 7:00- 8:15PM	ADULTS ONLY ALL BELTS	ADULTS ONLY ALL BELTS	ALL BELTS	ADULTS ONLY ALL BELTS		
<i>TEEN/ADULT</i> 8:00-9:00PM	LEADERSHIP TEAM	PRIVATE LESSON	SPARRING (Orange & Up)	PRIVATE LESSON		3:30PM → 5:00PM <i>Tae Kwon Do</i> <i>Birthday Party II</i>

We at Master Cho's Talium are constantly trying to improve our schedule to best suit your needs & to provide the most effective staffing for all classes.

This schedule was prepared with your best interest in mind & is designed to ensure that you receive the quality training you deserve.

- 1 Students will attend class with their full uniform & belt.
- 2 Students must be on line ready for class 10 minutes before class begins.
- 3 Students must take out their attendance card to present upon entering class.
- 4 Students must kneel at entry to dojang & wait for permission to enter if late
- 5 Regular attendance is based on a two times a week schedule.

Please Flip Over For Monthly Events

## STUDENTS OF THE MONTH

\*Allison Minion \*Emily Minion



Founder of Talium  
Grand Master  
Taek Sung Cho

# BLOOMFIELD TALIAM JANUARY 2018 EVENTS

1109 Broad St. Bloomfield NJ 07003  
Tel: 973-893-9400 Fax: 973-893-8136



HQ at Cedar Grove 973-239-7654  
Bloomfield 973-893-9400

## What's New at Talium This Month

## Words From Grand Master Cho

### CONGRATULATIONS TO OUR NEWEST 3RD DAN BLACK BELTS

*\*Ritwika Das \*Brendan Gaschke \*Elettra Giantomenico  
\*Sean Herold \*Julian Poole \*Isaiah Quinones \*James Visconti*

### JAN. 12<sup>TH</sup>, FRI.: PARENTS NIGHT OUT

Place: Bloomfield Talium Time: 7pm until 11pm

Want a night out on the town, or just some quiet time to yourself as a special treat? Bring the kids to us, here at Talium, we will be showing 2 movies & we will have popcorn & drinks. Know that your children are well cared for & safe while you do your thing!

*See front desk for details*

### JAN 19<sup>TH</sup>, FRI.: COLOR & BLACK BELT STRIPE TEST

Place: Bloomfield / *Regular classes will NOT be held.*

The testing time schedule will be posted. Parents Workshop and Jr. Black Belt Conference will be held during testing. Parents are required to attend.

Good luck to everyone testing!

### FEB. 3<sup>RD</sup>, SAT.: 26<sup>TH</sup> ANNUAL TALIAM BANQUET!

Place: IL Tulipano, 1131 Pompton Av. Cedar Grove

Time: 11:00am til 3:30pm

Dress up in your best & join us in celebration for the accomplishments that all our dedicated students & families have achieved in 2017. There will be dancing, good food, Taekwondo Demonstrations, Lip Sync battles, Award Ceremony & more!



*Grand Master Cho, AJ and all of our Talium Staff would like to thank all of our Talium families and friends for a wonderful year of support during 2017. We wish you all a very happy, healthy 2018 filled with much love, joy and successes.*

*Always remember:*

**'FAMILIES THAT KICK TOGETHER, STICK TOGETHER'**

***"Aim High for Positive Mind, Strong Body & Healthy"***

Visit our NEW website at [www.taliumtkd.com](http://www.taliumtkd.com) for Class Schedules / Photo Gallery / Upcoming Events & More

1-866-2-TALIAM