



BLOOMFIELD CLASS SCHEDULE – DECEMBER 2017

1109 Broad Street Bloomfield, NJ 07003 TEL: (973) 893-9400 FAX: (973) 893-8136

Effective 12/01/17

DATE TIME	MONDAY (GOAL SETTING)	TUESDAY (DISCIPLINE)	WEDNESDAY (RESPECT)	THURSDAY (SELF CONTROL)	FRIDAY (ACHIEVEMENT)	SATURDAY (COOPERATION)
Talium Fitness ~ Whole Body Workout / At Our Cedar Grove Location Located at 387 Pompton Ave., Cedar Grove. Call 973-239-7654 for details and hours.						
	11:30 - 12:30 TEEN/ADULT ALL BELTS		11:30 - 12:30 TEEN/ADULT ALL BELTS			
<i>TIGERS</i> 3:30- 4:00PM	TIGERS (Ages 3 to 5) ALL BELTS	PRIVATE LESSON	PRIVATE LESSON	TIGERS (Ages 3 to 5) ALL BELTS	PRIVATE LESSON	10:00AM - 11:00AM TEEN/ADULT ALL BELTS
<i>CHILDREN</i> 4:00- 4:45PM	NO / WHITE YELLOW	JR. BLACK	ORANGE GREEN / BLUE	NO / WHITE / YELLOW	S.W.A.T. Demo Team	11:00 11:45 No- Yellow
<i>CHILDREN</i> 4:45- 5:30PM	PURPLE / RED BROWN	ORANGE / GREEN BLUE	1 st DAN (Children)	PURPLE / RED BROWN	2 nd & 3 rd DAN	11:45-12:30 Orange- Blue
<i>CHILDREN</i> 5:30- 6:15PM	ORANGE GREEN / BLUE	2 nd DAN (Children)	JR. BLACK	2 nd DAN (Children)	NO / WHITE YELLOW	12:30- 1:15 Purple- Brown
<i>TEEN ADULT CHILDREN</i> 6:15- 7:00PM	1 st DAN (Children)	PURPLE / RED BROWN	NO / WHITE YELLOW	1 st DAN (Children)	(Children) SPARRING (Orange & Up)	JR. BLACK
<i>TEEN/ADULT</i> 7:00- 8:00PM	ADULTS ONLY ALL BELTS	7:00 – 8:15PM ADULTS ONLY ALL BELTS	ALL BELTS	7:00 – 8:15PM ADULTS ONLY ALL BELTS		1:30PM → 3:00PM <i>Tae Kwon Do Birthday Party I</i>
<i>TEEN/ADULT</i> 8:00-9:00PM	LEADERSHIP TEAM	PRIVATE LESSON	SPARRING (Orange & Up)	PRIVATE LESSON		3:30PM → 5:00PM <i>Tae Kwon Do Birthday Party II</i>

We at Master Cho's Talium are constantly trying to improve our schedule to best suit your needs & to provide the most effective staffing for all classes.
This schedule was prepared with your best interest in mind & is designed to ensure that you receive the quality training you deserve.

- 1 Students will attend class with their full uniform & belt.
- 2 Students must be on line ready for class 10 minutes before class begins.
- 3 Students must take out their attendance card to present upon entering class.
- 4 Students must kneel at entry to dojang & wait for permission to enter if late
- 5 Regular attendance is based on a two times a week schedule.

Please Flip Over For Monthly Events

STUDENTS OF THE MONTH

*Lars Olsen



Founder of Talium
Grand Master
Taek Sung Cho

BLOOMFIELD TALIAM DECEMBER 2017 EVENTS

1109 Broad St. Bloomfield NJ 07003
Tel: 973-893-9400 Fax: 973-893-8136



HQ at Cedar Grove Bloomfield 973-239-7654
973-893-9400

What's New at Talium This Month

Words From Grand Master Cho

CONGRATULATIONS TO OUR NEWEST
1ST DAN BLACK BELTS

**Alessio Giantomenico *Alexander Gustilo
*Jack Reilly *Ben Vargas*

DEC. 14TH, THURS.: COLOR & BLACK BELT STRIPE TEST

Place: Bloomfield / *Regular classes will NOT be held.*

The testing time schedule will be posted. Parents Workshop and Jr. Black Belt Conference will be held during testing. Parents are required to attend. Good luck to everyone testing!

DEC. 18TH, MON.: ONLY - 7PM- CLASS WILL NOT BE HELD

DEC. 25TH, MON.: ALL SCHOOLS CLOSED

All schools will be closed for Christmas day. Enjoy your holiday!

DEC. 26TH – 29TH, TUES.-FRI.: WINTER CAMP!!

Place: HQ at Cedar Grove

Winter Camp ALL week long during the school holiday break! Come and have an amazing time doing Taekwondo, awesome wood breaking, the cinderblock technique challenge, fun games, friends and fun! Wish for snow! Save your spot today. See front desk for details.

DEC. 30TH – JAN. 1ST, SAT.- MON.: ALL SCHOOLS CLOSED

All schools will be closed for the New Year weekend. Have fun, be safe & the happiest & most healthy 2018 to all! Thank you for your dedication.



“Aim High for Positive Mind, Strong Body & Healthy”