



BLOOMFIELD CLASS SCHEDULE – MAY 2017

1109 Broad Street Bloomfield, NJ 07003 TEL: (973) 893-9400 FAX: (973) 893-8136

Effective 5/01/17

DATE TIME	MONDAY (GOAL SETTING)	TUESDAY (DISCIPLINE)	WEDNESDAY (RESPECT)	THURSDAY (SELF CONTROL)	FRIDAY (ACHIEVEMENT)	SATURDAY (COOPERATION)
Talium Fitness ~ Whole Body Workout / At Our Cedar Grove Location Located at 387 Pompton Ave., Cedar Grove. Call 973-239-7654 for details and hours.						
	11:30 - 12:30 TEEN/ADULT ALL BELTS		11:30 - 12:30 TEEN/ADULT ALL BELTS			
<i>TIGERS</i> 3:30- 4:00PM	TIGERS (Ages 3 to 5) ALL BELTS	PRIVATE LESSON	PRIVATE LESSON	TIGERS (Ages 3 to 5) ALL BELTS	PRIVATE LESSON	10:00AM - 11:00AM TEEN/ADULT ALL BELTS
<i>CHILDREN</i> 4:00- 4:45PM	NO / WHITE YELLOW	JR. BLACK	ORANGE GREEN / BLUE	NO / WHITE / YELLOW	S.W.A.T. Demo Team	11:00 11:45 No- Yellow
<i>CHILDREN</i> 4:45- 5:30PM	PURPLE / RED BROWN	ORANGE / GREEN BLUE	1 st DAN (Children)	PURPLE / RED BROWN	2 nd & 3 rd DAN	11:45-12:30 Orange- Blue
<i>CHILDREN</i> 5:30- 6:15PM	ORANGE GREEN / BLUE	2 nd DAN (Children)	JR. BLACK	2 nd DAN (Children)	NO / WHITE YELLOW	12:30- 1:15 Purple- Brown
<i>TEEN ADULT CHILDREN</i> 6:15- 7:00PM	1 st DAN (Children)	PURPLE / RED BROWN	NO / WHITE YELLOW	1 st DAN (Children)	(Children) SPARRING (Orange & Up)	JR. BLACK
<i>TEEN/ADULT</i> 7:00- 8:00PM	ADULTS ONLY ALL BELTS	7:00 – 8:15PM ADULTS ONLY ALL BELTS	ALL BELTS	7:00 – 8:15PM ADULTS ONLY ALL BELTS		1:30PM → 3:00PM <i>Tae Kwon Do Birthday Party I</i>
<i>TEEN/ADULT</i> 8:00-9:00PM	LEADERSHIP TEAM	PRIVATE LESSON	SPARRING (Orange & Up)	PRIVATE LESSON		3:30PM → 5:00PM <i>Tae Kwon Do Birthday Party II</i>

We at Master Cho's Talium are constantly trying to improve our schedule to best suit your needs & to provide the most effective staffing for all classes.

This schedule was prepared with your best interest in mind & is designed to ensure that you receive the quality training you deserve.

- 1 Students will attend class with their full uniform & belt.
- 2 Students must be on line ready for class 10 minutes before class begins.
- 3 Students must take out their attendance card to present upon entering class.
- 4 Students must kneel at entry to dojang & wait for permission to enter if late
- 5 Regular attendance is based on a two times a week schedule.

Please Flip Over For Monthly Events

STUDENTS OF THE MONTH

*Miles Taylor *Jonathan DeJesus



Founder of Talium
Grand Master
Taek Sung Cho

BLOOMFIELD TALIAM MAY 2017 EVENTS

1109 Broad St. Bloomfield NJ 07003
Tel: 973-893-9400 Fax: 973-893-8136



HQ at Cedar Grove Bloomfield 973-239-7654
973-893-9400

What's New at Talium This Month

SPRING HAS SPRUNG, IT'S TALIAM T-SHIRT TIME

TALIAM T-SHIRTS ARE AVAILABLE FOR ORDERING
Starting now you may wear your Talium T-Shirt in place of your uniform top during regular classes! See staff about ordering your shirts now!
(A full uniform is always required for testing)

MAY 13TH, SAT.: MOM APPRECIATION CLASS

Place: Bloomfield Talium Time: 11:00am to 12:00pm

A day to celebrate & show appreciation to our Moms'! Mom & child will take a special Taekwondo class together, having a super fun time while creating great memories. Mom will also receive an appreciation gift from their child.

Sign up at the front desk to join in on this happy & fun event!

Regular child classes will NOT be held. Teen/Adult classes WILL be held.

MAY 20TH, SAT.: 2ND / 3RD DAN PROMOTION TEST

Place: HQ at Cedar Grove / *Regular classes WILL be held*

Come to cheer and show your support to our newest 2nd & 3rd Dan candidates as they show us what hard work and persistence can achieve! *See staff for time*

MAY 24TH, WEDS.: COLOR & BLACK BELT STRIPE TEST

Place: Bloomfield / *Regular classes will NOT be held.*

The testing time schedule will be posted. Parents Workshop and Jr. Black Belt Conference will be held during testing. Parents are required to attend. Good luck to everyone testing!

MAY 26TH-29TH, FRI. -MON.: ALL LOCATIONS CLOSED

All locations will be closed in observance of the Memorial Day weekend.

Words From Grand Master Cho

All Mom's will receive a special gift

*Mom Appreciation Class
Saturday, May 13th*

*Class Time:
11:00am - 12:00pm*

"Aim High for Positive Mind, Strong Body & Healthy Spirit!"