



HEADQUARTERS CLASS SCHEDULE – FEBRUARY 2017

387 Pompton Avenue, Cedar Grove, NJ 07009 Tel: (973) 239-7654 Fax: (973) 239-2146

Effective 2/1/17

DATE TIME	MONDAY (GOAL SETTING)	TUESDAY (DISCIPLINE)	WEDNESDAY (RESPECT)	THURSDAY (SELF CONTROL)	FRIDAY (ACHIEVEMENT)	SATURDAY (COOPERATION)	
<i>Talium Fitness</i>	<i>Talium Fitness</i> 9:15-10:15am	<i>Talium Fitness</i> 9:15-10:15am	<i>Talium Fitness</i> 9:15-10:15am	<i>Talium Fitness</i> 9:15-10:15am	<i>Talium Fitness</i> 9:15-10:15am	10:00-11:00 TEEN/ADULT ALL BELTS	
<i>TEEN/ADULT</i> 11:30-12:30		TEEN/ADULT ALL BELTS			TEEN/ADULT ALL BELTS	11:15 – 11:45 TIGERS (age 3-5) ALL BELTS	
<i>TIGERS</i> 3:30 –4:00 PM	PRIVATE LESSON	TIGERS (Ages 3~5) ALL BELTS	PRIVATE LESSON	TIGERS (Ages 3~5) ALL BELTS	TIGERS (Ages 3~5) ALL BELTS	10:00-10:45 NO/WHITE YELLOW	
<i>CHILDREN</i> 4:00 –4:45 PM	NO/WHITE YELLOW	PURPLE/RED BROWN	1ST DAN	ORANGE/GREEN BLUE	1ST DAN	11:45–12:30 ORG/ GRN, BLUE	
<i>CHILDREN</i> 4:45 –5:30 PM	ORANGE GREEN/BLUE	JR. BLACK	SPARRING (Orange &Up)	2ND / 3RD DAN	NO/WHITE YELLOW	ORANGE GREEN BLUE	2ND / 3RD DAN
<i>CHILDREN</i> 5:30 –6:15 PM	PURPLE/RED BROWN	NO/WHITE YELLOW	5:30-6:00 TIGERS (Ages 3-5)	ORANGE GREEN BLUE	SPARRING (Orange &Up)	PURPLE RED BROWN	JR. BLACK
<i>CHILDREN</i> 6:15 –7:00 PM	JR. BLACK	1ST DAN	ORANGE/GREEN BLUE	NO/WHITE YELLOW	PURPLE RED BROWN	JR. BLACK	1ST DAN
<i>TEEN/ADULT</i> 7:00 –8:00 PM	ALL COLOR & BLACK BELTS	BLACK BELTS 1 Dan to 4 Dan	SWAT TEAM	SPARRING	ALL COLOR & BLACK BELTS	ALL COLOR & BLACK BELTS	3:30-5:00 TAEKWONDO <i>Birthday Party I</i>
<i>TEEN/ADULT</i> 8:00- 9:00 PM	LEADERSHIP TEAM	ALL COLOR & BLACK BELTS	ALL COLOR & BLACK BELTS	ALL COLOR & BLACK BELTS			3:30-5:00 TAEKWONDO <i>Birthday Party II</i>

**ALL
JR.
BLACK
BELTS**

Come to
your stripe
class

We at Master Cho's Talium are constantly trying to improve our schedule to best suit your needs & to provide the most effective staffing for all classes. This schedule was prepared with your best interest in mind & is designed to ensure that you receive the quality training you deserve.

STUDENTS OF THE MONTH

*Maanasa Jagan *Keshav Jagan *Isabella Lambo
*Bradley Chen *Jonah Axelrod

- Students will attend class with their full uniform & belt.
- Students must be on line ready for class 10 minutes before class begins.
- Students must take out their attendance card to present upon entering class.
- Students must kneel at entry to dojang & wait for permission to enter if late.
- Regular attendance is based on a two times a week schedule.

Please Flip Over For Monthly Events



Founder of Talium
Grand Master
Taek Sung Cho

HEADQUARTERS at Cedar Grove FEBRUARY 2017 EVENTS

387 Pompton Av. Cedar Grove NJ 07009
Tel: 973-239-7654 Fax: 973-239-2146



HQ at Cedar Grove 973-239-7654
Bloomfield 973-893-9400

What's New at Talium This Month

FEB. 11th, SAT.: 25TH TALIUM ANNUAL BANQUET -CLOSED

All locations will be closed on this day.

FEB. 24TH, FRI.: COLOR & BLACK BELT STRIPE TEST

Place: Headquarters at Cedar Grove / *Regular classes will NOT be held.*

The testing time schedule will be posted. Parents Workshop and Jr. Black Belt Conference will be held during testing. Parents are required to attend. Good luck to everyone testing!

TAEKWONDO SUMMER CAMP!

Place: Headquarters at Cedar Grove

HALF DAY – FULL DAY – EXTENDED DAY!

FREE CAMP PATCH AND T-SHIRT: 1 week or more sign up!

Plan ahead to take advantage of BIG SAVINGS with our SUPER EARLY BIRD SPECIAL for Taekwondo Summer Camp. Children will enjoy a fun assortment of activities such as Soccer, Talium dodgeball, crafty fun, weekly field trips such as bowling and mini golf and of course Taekwondo training! Taekwondo Camp at Talium infuses positive character building in all of its' activities such as Focus, Teamwork, Kindness and Humble Leadership Skills, all while having great fun!

SIGN UP by DEADLINE FEB. 28 TO RECEIVE THE SUPER EARLY BIRD SPECIAL RATE AND SAVE!

Space is limited, ask staff for more details

COMING REALLY SOON : TALIUM TOURNAMENT & FESTIVAL!

Competition in Sparring, Form, Team Form and Obstacle Course.

Let us start preparing now! *More details to follow.*

Words From Grand Master Cho



"Aim High for Positive Mind, Strong Body & Healthy Spirit!"